

Deborah's Aran Sweater

by Deborah V. Gardner

Finished size: 42" chest, 16" sleeves

Materials

7 skeins of Cascade 220, 100% Peruvian Highland Wool, color 8505
US size 8 (5mm) straight needles or the size to obtain the gauge
US size 6 (4mm) straight needles
US size 6 (4mm) 16" circular needle
4 stitch holders
cable needle (cn)
10 stitch markers
yarn needle



Photograph by Toni Toland

Gauge:

Chart B, blocked: 6¼" x 4" (16 cm x 10 cm)

Abbreviations:

BO: Bind Off
Cn: Cable needle
M1L: With left hand needle, pick up the strand between the needles from front to back. Knit in back loop.
M1P: With lefthand needle, pick up strand between the needles from back to front. Purl in front loop.
M1R: With left hand needle, pick up the strand between the needles from back to front. Knit in front loop.
K: Knit
KSP: Knit the stitch and return it to the left needle purlwise (to ensure the stitch is correctly mounted). Pass the next stitch on the left needle over the stitch just knit. Return the stitch by slipping it purlwise to the right needle.
K2tog: Knit two stitches together.
P: Purl
P2tog: Purl 2 together
PM: place marker
PSSO: Pass slip stitch over
RS: Right side
Sl: slip
Sl m: Slip marker
SSK: Slip as to knit, slip as to knit, knit the two stitches through the back loops.
St(s): Stitch(es)
Tog: together
WS: wrong side
YO: yarn over

Notes:

- The markers are placed between charts. As the patterns are established, you may wish to drop some of the markers.
- Instructions for selvedge stitches are included for sleeves only.
- On Row 19 these and subsequent increases are worked in the moss (double seed) stitch. The sides are not symmetrical; this helps maintain the pattern when making up the sleeves.
- The saddle is a continuation of the sleeve's center cable. As it is worked, it will be knitted into the front and back of the sweater.

Stitch Pattern:

Moss stitch is worked over four rows creating alternating two-row columns of knit stitches and purl stitches.

Set up row: *K1, p1; repeat from * across row.

Row 1: Knit the knit stitches and purl the purl stitches across row.

Row 2: Knit the purl stitches and purl the knit stitches across row.

Row 3: Purl the purl stitches and knit the knit stitches across row.

Row 4: Knit the purl stitches and purl the knit stitches across row.

Repeat Rows 1 – 4.

Back

With smaller straight needles, cast on 110 sts.

Ribbing Row 1 (ws): *P2, k2, repeat from * across, ending with p2.

Ribbing row 2 (rs): *K2, p2, repeat from * across, ending with k2.

Repeat these 2 rows for 2", ending after working Row 1.

Increase Row (rs): K12, M1L, k5, M1L, k8, M1L, k5, M1L, k18, M1L, k14, M1R, k18, M1R, k5, M1R, k8, M1R, k5, M1R, k12. (120 sts)

Change to larger needles.

Setup Row (ws): P1, (k1, p1) 4 times, * k2, pm, p4, pm, k2, p4, k4, p4, k2, pm, p4, pm, k2, p1, k5, p1, k2, pm, k5, p4, k10, p4, k5, pm, k2, p1, k5, p1, k2, pm, p4, pm, k2, p4, k4, p4, k2, pm, p4, pm, k2,* (p1, k1) 4 times, p1.

Row 1 (rs): K1, (p1, k1) 4 times, *p2, sl m, Chart E, sl m, Chart F, sl m, Chart D, sl m, Chart C, sl m, Chart B, sl m, Chart C, sl m, Chart E, sl m, Chart A, sl m, Chart D, sl m, p2,* (k1, p1) 4 times, k1.

Row 2 (ws): K1, (p1, k1) 4 times, *k2, sl m, Chart D, sl m, Chart F, sl m, Chart E, sl m, Chart C, sl m, Chart B, sl m, Chart C, sl m, Chart D, sl m, Chart A, sl m, Chart E, sl m, k2,* (k1, p1) 4 times, k1.

Row 3: P1, (k1, p1) 4 times, *p2, sl m, Chart E, sl m, Chart F, sl m, Chart D, sl m, Chart C, sl m, Chart B, sl m, Chart C, sl m, Chart E, sl m, Chart A, sl m, Chart D, sl m, p2,* (p1, k1) 4 times, p1.

Row 4: P1, (k1, p1) 4 times, *k2, sl m, Chart D, sl m, Chart F, sl m, Chart E, sl m, Chart C, sl m, Chart B, sl m, Chart C, sl m, Chart D, sl m, Chart A, sl m, Chart E, sl m, k2,* (p1, k1) 4 times, p1.



Center Cables



Side Cables

Continue following the charts and keeping the beginning 9 stitches and ending 9 stitches in moss stitch. Work in pattern as established until row 14 of the 6th repeat of Chart B has been completed. Finish the row.

Place 42 sts (right back shoulder) on stitch holder; place 36 sts (for back of neckband); place 42 sts (left back shoulder) on stitch holder.

Front

Work as for the Back through the Increase Row.

Change to larger needles.

Setup Row (ws): K1, (p1, k1) 4 times, repeat between * * of setup row for back, (k1, p1) 4 times, k1.

Row 1 (rs): P1, (k1, p1) 4 times, repeat between * * of row 1 for back, (p1, k1) 4 times, p1.

Row 2 (ws): P1, (k1, p1) 4 times, repeat between * * of row 2 for back, (p1, k1) 4 times, p1.

Row 3: K1, (p1, k1) 4 times, repeat between * * of row 3 for back, (k1, p1) 4 times, k1.

Row 4: K1, (p1, k1) 4 times, repeat between * * of row 4 for back, (k1, p1) 4 times, k1.

Continue following the charts and keeping the beginning and ending 9 stitches in moss stitch. Continue in pattern as established. When 5 rep of Chart B are completed, finish row and begin neck shaping.

Neck Edges (You will be working both sides at the same time):

Row 1 (rs): Continue in pattern for 48 stitches, place next 24 stitches on stitch holder, Join a new ball of yarn and knit in pattern across right front.

Row 2, 4, 6, 8, 10, 12, 14 (ws): Work in pattern across both sides.

Row 3: Work to within 3 stitches of the neck edge, p2 tog, p1; on opposite side, p1, p2 tog, work to end of row.

Row 5: Repeat Row 3.

Row 7: Work to within 3 stitches of the neck edge, ssk, p1; on opposite side, p1, k2 tog, work to end of row.

Rows 9, 11 and 13: Repeat Row 3.

Slip 42 stitches on each side to stitch holders.

Sleeves (make 2):

With smaller needles, cast on 46 sts.

Ribbing Row 1 (ws): *P2, k2, repeat from * across, ending with p2.

Ribbing Row 2 (rs): *K2, p2, repeat from * across, ending with k2.

Repeat these 2 rows for 2½", ending after working Row 1.

Change to larger needles.

Increase row (rs): Knit the row, increasing 8 sts evenly using M1L for the first 4 increases and M1R for the last 4 increases. (54 sts)

Set up row (ws): P3, k2, pm, k5, p4, k5, pm, k2, p4, k4, p4, k2, pm, k5, p4, k5, pm, k2, p3.

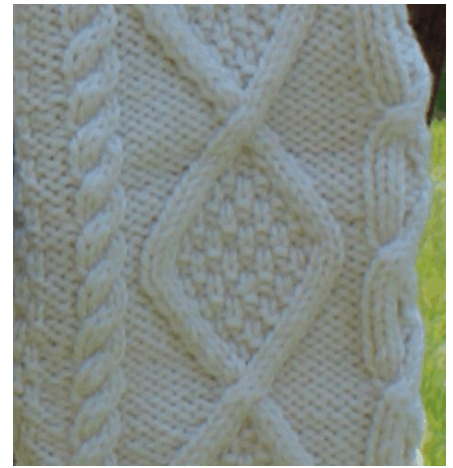
Row 1 (rs): K3, p2, Chart G, Chart A, Chart G, p2, k3.

Row 2 (ws): P3, k2, Chart G, Chart A, Chart G, k2, p3.

Row 3: Repeat row 1.

Row 4: Repeat row 2.

Row 5: K1, M1L, k2, p2, Chart G, Chart A, Chart G, p2, k2, M1R, k1.



Sleeve Cables

Row 6: P4, k2, Chart G, Chart A, Chart G, k2, p4.
 Row 7: K4, p2, Chart G, Chart A, Chart G, p2, k4.
 Row 8: Repeat Row 6.
 Row 9: K1, M1L, k3, p2, Chart G, Chart A, Chart G, p2, k3, M1R, k1.
 Row 10: P5, k2, Chart G, Chart A, Chart G, k2, p5.
 Row 11: K5, p2, Chart G, Chart A, Chart G, p2, k5.
 Row 12: P5, k2, Chart G, Chart A, Chart G, k2, p5.
 Row 13: K1, M1P, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, M1P, k1.
 Row 14: P1, k1, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, k1, p1.
 Row 15: K1, p1, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, p1, k1.
 Row 16: P1, M1L, k1, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, k1, M1R, k1.
 Row 17: K1, P2, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, P2, K1.
 Row 18: P1, K2, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, K2, P1.
 Row 19 (see Notes): K1, M1L, P2, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, p2, M1P, k1.
 Row 20: P1, K3, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, k2, p2.
 Row 21: K1, P3, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, p2, k2.
 Row 22: P1, M1L, p1, k2, Chart E, p2, Chart G, Chart A, Chart G, p2, Chart D, k3, M1P, p1.

Continue increasing every 3 rows until 104 sts. Keep the first and last st in stockinette and all ensuing increases in moss st. Use M1L, M1R, and M1P to keep the moss st in pattern. Work in pattern on 104 sts until 87 rows are completed (15") or to desired length.

Row 88 (Bind off in pattern as you decrease.): Bo 24 sts; p2tog, bo 1; bo 4sts; p2tog; bo 1; bo 8 sts; p2tog, bo 1; bo 2 sts; work across remaining 15 sts of saddle; k1, p2tog, bo 1; bo 8 sts; p2tog, bo 1; bo 4sts; p2tog, bo 1; bo remaining sts. (16 sts)

Saddle:

With wrong sides facing, starting at the neck edge of the front, slip the left shoulder stitches of the front to the larger needle; slip the saddle to this needle; starting at the arm edge of the back, slip the left shoulder stitches to this needle. Check to be sure all pieces are facing the same way and the saddle is between the two pieces with the sleeve pointing outward.

Move the back's stitches to the right hand needle. With right sides facing, *work 15 stitches of the saddle. Knit the last stitch of the saddle together with the first stitch of the back *through the back loops*. TURN. Work across the saddle to the last stitch of the saddle. Purl this stitch together with the first stitch of the front. TURN, Repeat from *; *at the same time* when you reach the middle two stitches of each cable on the front and back, knit or purl those 2 stitches together with one stitch of the saddle. Repeat until all of the front stitches have been used up.



Saddle joined to front

Place the saddle stitches on a stitch holder.

Repeat for the other side.

Finishing

Place markers 9" down the sides from the center of the saddles. Sew sleeves to the body between the markers (see schematic); sew side and sleeve seams.

Neckband:

Beginning at the left saddle, knit the 16 saddle stitches from the stitch holder and at the same time decrease over the center cable using ssk; pick up and knit 11 stitches along the left neck edge; knit 24 front neck stitches from the stitch holder and at the same time decrease over the middle sts of each cable using ssk over the first cable and k2tog in the second; pick up and knit 11 stitches along the right neck edge; knit 16 right saddle stitches from the stitch holder and, at the same time, decrease over the center cable using k2tog; knit 36 back stitches from the stitch holder and, at the same time, decrease over the center cables using ssk and k2tog in a manner that looks best.

Total stitches: 15 (left saddle), 11 (left neck edge), 22 (front), 11 (right neck edge), 15 (right saddle) and 34 (back) = 108.

Work in k2, p2 ribbing for 3". Bind off loosely in pattern or use a stretchy bind off method. Fold in half to the inside and tack down. Weave in all ends. Block the sweater to size.

References

Cables

Debra Mountford, *The Harmony Guide to Aran and Fair Isle Knitting*

Chart A, 20.7, pg. 58

Chart F, adapted from 20.7, pg. 58

Montse Stanley, *Reader's Digest Knitter's Handbook*

Chart C (used as filler and to incorporate bobbles), adapted from Rosebud, pg. 147

Barbara G. Walker, *A Treasury of Knitting Patterns*

Chart B, Trellis with Most Stitch, pg. 261

Chart D, Four-stitch cable, pg. 241

Chart E, adapted from Four-stitch cable, pg. 241

Chart G, adapted from Trellis with Most Stitch, pg. 261

General Information

Alice Starmore, *Aran Knitting*

Janet Szabo, *Aran Sweater Design*

Saddles

Elizabeth Zimmermann, *Knitting Without Tears*, pg. 76

Acknowledgements:

Charts and symbols created using Sconcho

Photographs: Toni Toland

Schematic by Richard Wingate

Test knitter: Linda McKie

Symbols:



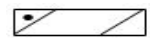
K on right side; p on wrong side



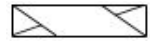
P on right side; k on wrong side



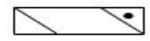
K2 on right side; p2 on wrong side. (This is used to better illustrate the cable in the chart.)



Back Cross (BC) over 3 sts: Sl next st to cn and hold in back, k2, then p1 from cn



Front Cross: (FC) over 3 sts: Sl next 2 sts to cn and hold in front, k1, k2 the sts from cn



Front Purl Cross (FPC) over 3 sts: sl 2 sts to cn and hold in front, p1, k2 the sts from cn



Left Cross (LC) over 4sts: Sl 2 sts to cn and hold in front, k2, k2 from cn



Right Cross (RC) over 4 sts: Sl 2 sts to cn and hold in back, k2, k2 from cn



Purl through back loop



Bobble: K1, yo, k1, yo, k1 all in one stitch; turn and purl 5 sts; turn and knit 5 sts; turn and purl 5 stitches, turn. K3. Pass the 2nd st over the 3rd st; k1, sl 2 sts from right-hand needle to left-hand needle; pass 4th st over 3rd and sl to right-hand needle. Sl 1st st over 3rd st. K1 st; sl 2 sts from right-hand needle to left-hand needle and psso the 5th st over the 3rd st. Sl st to right-hand needle. Bobble completed.

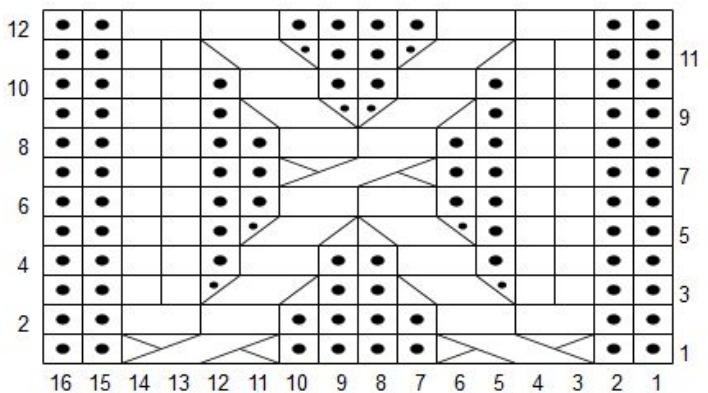


Chart A

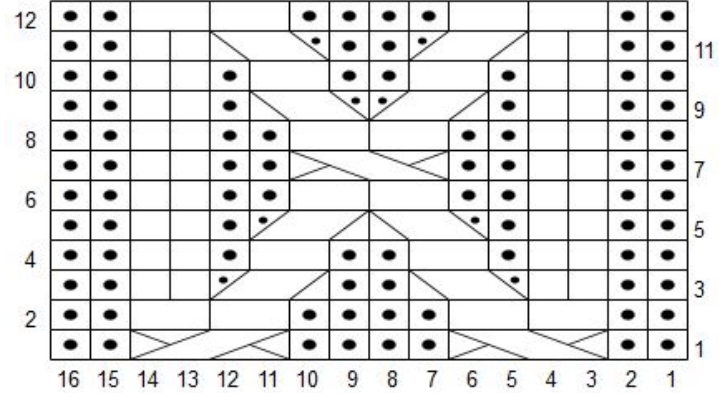


Chart F

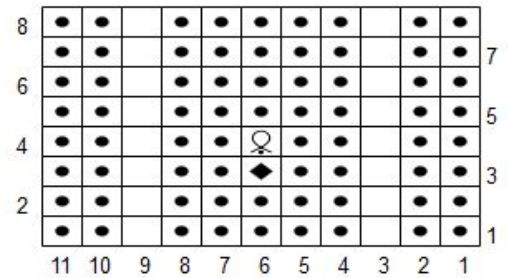


Chart C

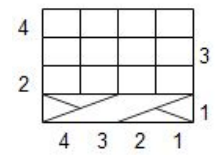


Chart D

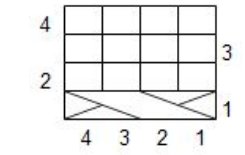


Chart E

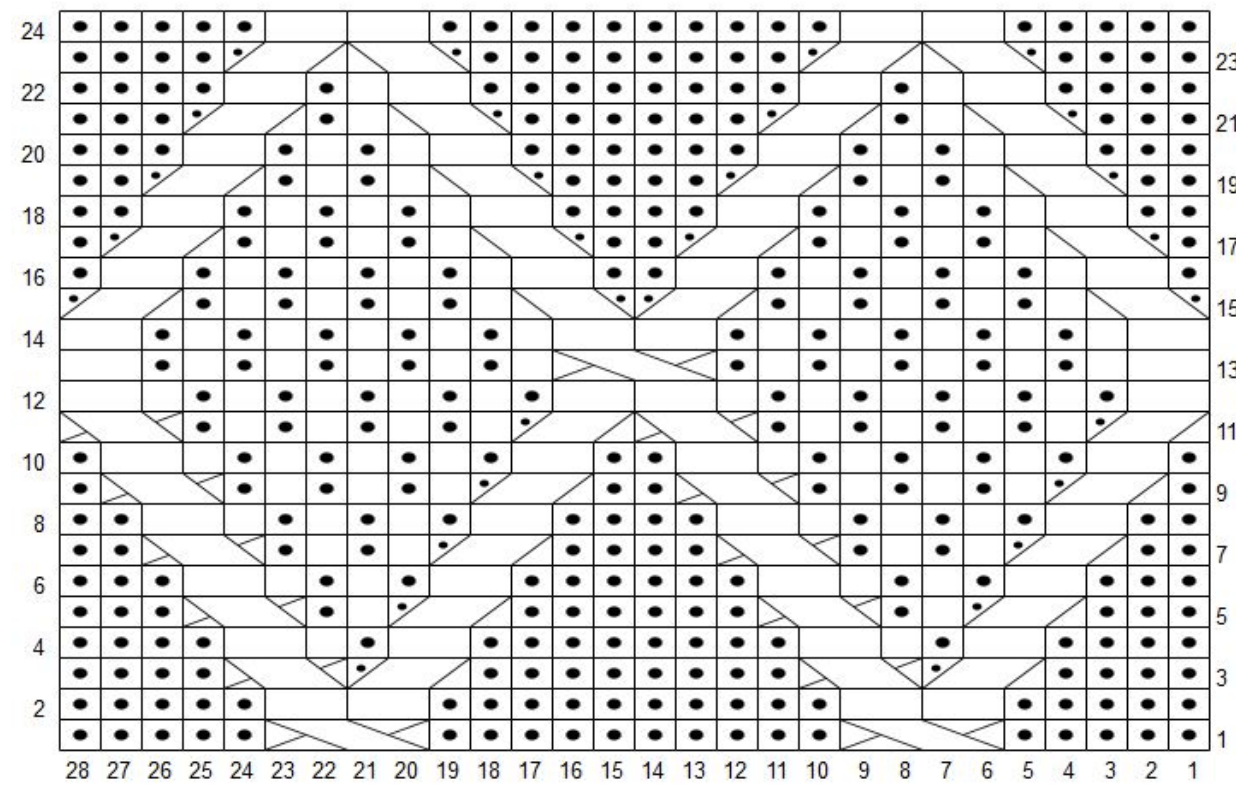


Chart B

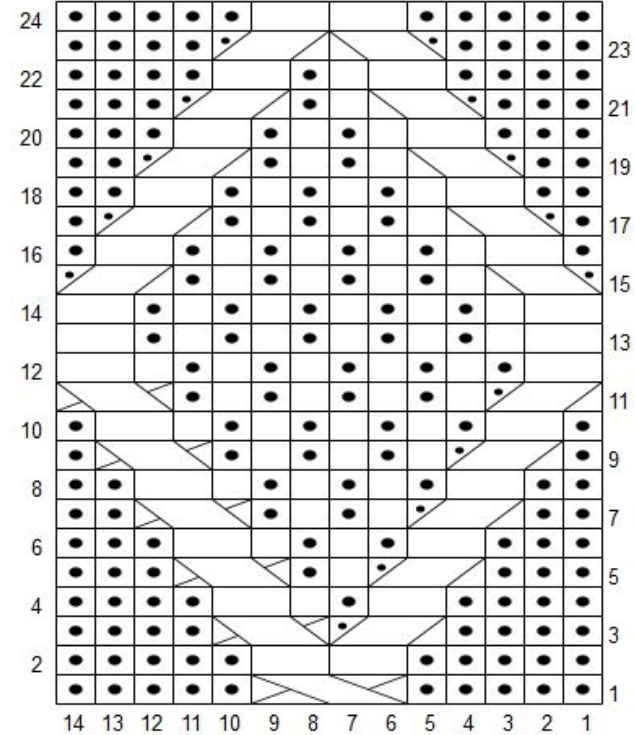
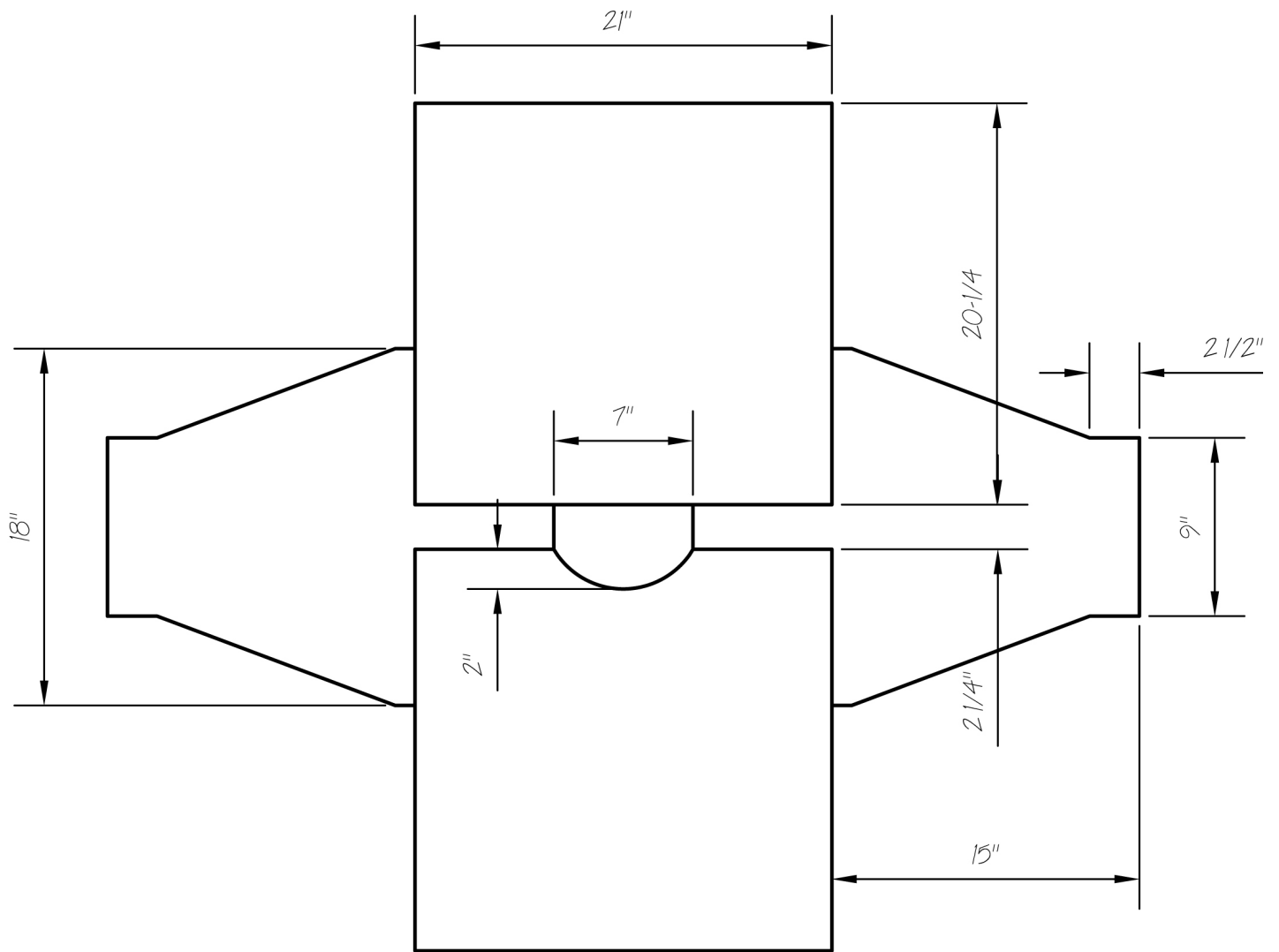


Chart G



DEBORAH'S SWEATER

SCALE ~ NONE