## Any-Size Plate

by Deborah V. Gardner

This plate can be knitted to any size you wish. Knit a plate to hold a roll and butter or one larger enough for dinner. The choice of yarn is yours; just be sure to use an appropriate needle size.

Materials:
Berroco Vintage, 50\% Acrylic/40\% Wool/10\% Nylon, Sample in \#5144 Cork
US size 6 ( 4 mm ) double pointed needles
US size $5(3.75 \mathrm{~mm}$ ) crochet hook
yarn needle
fabric stiffener
Gauge: 6 sts $=1^{\prime \prime}$ in the round. Gauge is not critical.
Size of sample: 6" diameter
Abbreviations
Inc Right lifted increase: Insert the right-hand needle in the right side
 of the stitch 1 row below the stitch on the left-hand needle. Lift it and place on left-hand needle. Knit in the front leg of the stitch.
K Knit
Rnd Round
$\mathrm{St}(\mathrm{s}) \quad \mathrm{Stitch}(\mathrm{es})$

## Directions:

Cast on 8 sts using Emily Ocher's Circular Cast-on.
Odd rnds: K.
Rnd 2: Inc, k1 (16 sts).
Rnd 4: Inc, k2 (24 sts).
Rnd 6: Inc, k3 (32 sts).
Continue increasing 8 sts every other rnd until the desired size is achieved. End with a k rnd.
Bind off in purl.
Stiffen.

## Emily Ocher's Circular Cast-on.

1. Make a ring. Do not pull it tight; keep it loose. Grasp the loop where the strands meet with your left thumb and index finger. You can make the loop with the tail going up. You will then have to weave in the tail.
2. Insert the hook into the loop from front to back. Grab the yarn with the hook (yo) and bring through
 the loop. You now have one loop on the hoop.
3. Insert the hook into the loop again; you will be going under the yarn tail as well. Hook the yarn (yo) and bring through the loop. Hook the yarn again and bring through the loop on the hook as if you were making a chain. You now have two loops on the hook. Repeat this step until you have the required number of loops.

4. Carefully replace the hook with your needles and begin knitting in the round. After you have finished a few rounds, pull the tail to close up the circle and weave in.
You now have a nice, tight circle with no hole in the middle.
