

Pizza!

by Deborah V. Gardner

This no-calorie pizza includes pepperoni, green peppers, onion and mushrooms. Make any number of slices you wish and put them together in a pizza box!



Materials

US Size 8 (5 mm) knitting needles

2.5 mm needles

US Size 4 (3.5 mm) double pointed needles

US Size 3 (3 mm) or 4 (3.5 mm) crochet hook

Cascade 220, 100% Peruvian Highland Wool, 3.5 oz/100 gr, 220 yds/200 m

Crust, lor 8021 Beige

Sauce, Color 8895 Christmas Red

Berroco Vintage, 52% Acrylic, 40% Wool, 8% Nylon, 3.5 oz/100 gr, 218 yds/200 m

Cheese, Color 5122 Banana

KnitPicks Palette, 100% Peruvian Highland Wool, 231 yd, 50 gr

Onion Rings: #10 Cream

Fat on pepperoni, Cream #10

Mushrooms, 24240 Doe

Berroco Weekend, 75% Acrylic, 25% Peruvian Cotton, 3.5 oz/100 m, 205 yds/189 m

Pepperoni, Color 5948 Nectarine

Lion Brand Vanna's Choice, 100% Acrylic, 3.5 oz/100 g, 170 yd/156 m

Pepper Slices, Color 172 Kelly Green

Yarn needle

6 Bobby pins (optional)

Abbreviations

B/O Bind off.

DPN Double-pointed needles

K Knit

Kfb Knit in the front and then the back of the st.

K2tog Knit 2 sts together.

M1L With left hand needle, pick up the strand between the needles from front to back. Knit in back loop.

M1R With left hand needle, pick up the strand between the needles from back to front. Knit in front loop.

P Purl

M1PL With left hand needle, pick up the strand between the needles from front to front. Purl in back loop.

M1PR With left hand needle, pick up the strand between the needles from back to front. Purl in front loop.

Rep Repeat.

St(s) Stitch(es)
W&T: Slip st to right-hand needle; bring the yarn to the back; slip st back to left-hand needle; bring yarn to the front.

Notes

- Yarn choices were from my stash. Check your stash for comparable yarns and colors.
- Bobby pins are for the W&Ts. This link will show you how to use them to pick up the wraps: <http://www.deborahsknitting.com/tips.html#short>

Base

Cast on 1 st.
Row 1: K into the front, back and front of st. (3 sts)
Rows 2 – 4: K.
Row 5: Kfb, k to last 2 sts, kfb, k1. (5 sts)
Rep Rows 2 – 5 until 31 sts.
Rep Row 2.

Short Rows

Row 1: K28, W&T, TURN (3 sts remain unworked)
Row 2: K25, W&T, TURN
Row 3: K21, W&T, TURN
Row 4: K17, W&T, TURN
Row 5: K12, W&T, TURN
Row 6: K, W&T, TURN

K to end of row, picking up and knitting the wraps together with the corresponding stitch. TURN
K to end of row, picking up and knitting the wraps together with the corresponding stitch.

Do not bind off.

Crust

This consists of an i-cord bind off.
Cast on 5 sts using a cable cast-on.
Knit 4, k2tog through the back loops. (The side facing as you bind-off in icord is the public side.)
Slip the 5 sts back to the left-hand needle.
Repeat until all of the sts of the base have been bound off.
Slip the last 5 sts back to the left-hand needle and bind-off.
Weave in all ends.



Cheese and Sauce

With yellow, cast on 1 st.
Row 1: K into the front, back and front of st. (3 sts)
Rows 2: P.
Row 3: K.
Row 4: P1, M1PL, purl until 1 st remains, M1PR, p1. (5 sts)
Row 5: K.
Row 6: P.
Row 7: K1, M1R, knit until 1 st remains, M1L, k1. (7sts)
Row 8: P.
Row 9: K.



Repeat Rows 4 – 9 five times. (27 sts)

With, begin chart, increasing as before when indicated by an added square. The first row is an increase row.
Read the 1st row from left to right.



Cut yellow leaving a long tail for seaming. Weave in beginning yarn tail.

Short Rows (using Red)

Row 1: K28, W&T, TURN (3 sts remain unworked)

Row 2: K25, W&T, TURN

Row 3: K21, W&T, TURN

Row 4: K17, W&T, TURN

Row 5: K12, W&T, TURN

Row 6: K7, W&T, TURN

K to end of row, picking up and knitting the wraps together with the corresponding stitch. TURN
Bind off in purl, picking up and knitting the wraps together with the corresponding stitch.
Cut yarn leaving a long tail for seaming.

Weave in the beginning red yarn tail. Sew this piece to the base.

It is alright if some of the “sauce” peeks through the “cheese.”

Lightly block.

Toppings

Onion Rings

With 2.5 mm needles and Cream yarn, cast on between 38 and 90 sts depending on the size ring desired.

Being careful not to twist, join. Bind off.

Weave in ends.

Pepperoni

With crochet hook and Necatarine, cast on 8 sts using Emily Ocher’s circular cast-on. (Directions on last page of pattern.)

Continue with 3.5 mm dpns.

Rnd 1: K in each sts.

Rnd 2: *K1, M1L* around. (16 sts)

Rnd 3: K.



Rnd 4: *K2, M1L* around. (24 sts)

Rnd 5: K.

Rnd 6: *K3, M1L* around, *binding off at the same time.*

(Note: For a bit larger pepperoni, bind off on Rnd 7.

With Cream, make small stitches in the pepperoni to represent fat.

Weave in all ends.

Pepper Slices

If making multiple slices, use more than one method so they won't be identical.

With 3.5 mm needles

Cast on 12 sts.

P4, (p2tog) 2 times, p4.

Bind off.

Cast on 12 sts.

P2, (p2tog) 4 times, p2.

Bind off

Cast on 10 sts.

Bind of in purl.

Weave in all ends.

Small Mushroom

With 3.5 mm dpns and Doe, cast on 3 sts.

Work in I-cord for 1".

Row 1: Do not turn; bring yarn around back of work, kfb across. (6 sts)

Row 2: Kfb across. (12 sts)

Row 3: K.

Row 4: Bind off 1 st, (ssk) 2 times, k1, (k2tog) 2 times, k1. (7 sts)

Row 5: Bind off 1 st, ssk, k2tog, k1. (4 sts)

Bind off

Large Mushroom

With 3.5 mm dpns and Doe, cast on 4 sts.

Work in I-cord for 1".

Row 1: Do not turn; kfb across. (8 sts)

Row 2: Kfb across. (16 sts)

Row 3 – 4: K.

Row 5: Bind off 1 st, (ssk) 2 times, k5, (k2tog) 2 times, k1. (11 sts)

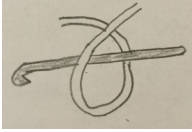
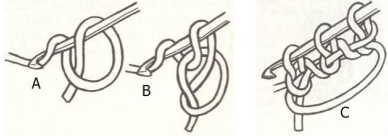
Row 6: Bind off 1 st, ssk, k2tog, k3. (8 sts)

Row 7: K1, ssk, k2, k2tog, k1. (6 sts)

Row 8: K1, ssk, k2tog, k1, *binding off at the same time.*

Bind off

Emily Ocher's Circular Cast-on.

1. Make a ring. Do not pull it tight; keep it loose. Grasp the loop where the strands meet with your left thumb and index finger. You can make the loop with the tail going up. You will then have to weave in the tail. 
2. Insert the hook into the loop from front to back. Grab the yarn with the hook (yo) and bring through the loop. You now have one loop on the hook.
3. Insert the hook into the loop again; you will be going under the yarn tail as well. Hook the yarn (yo) and bring through the loop. Hook the yarn again and bring through the loop on the hook as if you were making a chain. You now have two loops on the hook. Repeat this step until you have the required number of loops. 
4. Carefully replace the hook with your needles and begin knitting in the round. After you have finished a few rounds, pull the tail to close up the circle and weave in.

You now have a nice, tight circle with no hole in the middle.