

Reversible Mittens



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Directions are for Infant Size. Changes for Small, Medium and Large are in parentheses.

Two sets of directions are included: one for using straight needles and seaming the sides of the mittens and thumbs; the other for double pointed needles (dpns), which can be used if working on 2 circular needles.

Materials:

4 oz Knitting Worsted[†]
Waste yarn thinner than worsted or stitch holders
Size 8 (5mm) dpn, straight or 2 circular knitting needles or size to obtain gauge
2 stitch holders
yarn needle
2 stitch markers

Gauge: 9 stitches = 2 inches; 6 rows = 1 inch. If knitting the mittens for charity, gauge is not crucial.

Abbreviations:

LLI: Left Lifted Increase: Insert the left needle in the left side of the stitch 2 rows below the stitch on the right-hand needle. Lift it and place on left-hand needle. Knit in the back leg of the stitch.

M1L: M1Left produces a left-leaning stitch. With left-hand needle, pick up the strand between the needles from

[†]If 3½ oz = 200 yards, use 1.6 oz for medium size.

If 3½ oz = 150 yards, use 2.3 oz for large size or 1.4 oz for small size

If 3 oz = 150 yards, use 1.9 oz for medium size

If 100 gr = 225 yards, use 1.3 oz for small size

If 50 gr. = 131 yards, use 1.3 oz for medium

front to back. Knit in back loop.

RLI: Right Lifted Increase: Insert the right-hand needle in the right side of the stitch 1 row below the stitch on the left-hand needle. Lift it and place on left-hand needle. Knit in the front leg of the stitch.

Make 2 mittens exactly the same.

2-needle Mitten Directions

Starting at the cuff edge, cast on 22 (26-30-34) stitches.

Work ribbing for for 12 (12-14-18) rows as follows:

Row 1: * K2, p2 across row, ending with k2.

Row 2: *P2, k2 across row, ending with p2

Knit across next row, increasing 4 stitches. 26 (30-34-38)

Continue in stockinette stitch for 3 (4-5-6) rows.

Next row start increases for thumb as follows:

Knit 12 (14-18-18) stitches, place a marker on needle, increase 1 stitch in each of the next 2 stitches, place a marker on needle (4 stitches between markers), knit 12 (14-18-18) stitches to end of row.

Note: Slip markers on every row.

Purl 1 row.

Continue in stockinette stitch, increasing 1 stitch after the first marker and in the stitch before the second marker on **knit** rows only until there are 10 (12-12-14) stitches between markers, knit to end of row.

Next row purl 13 (15-17-19) and slip these stitches onto a stitch holder or waste yarn, purl next 8 (10-10-12) stitches of thumb, slip remaining 13 (15-17-19) stitches to 2nd stitch holder.

Working on thumb stitches only, work in stockinette stitch for 7(9-10-12) more rows.

Break yarn, leaving about 6 inches for finishing. Draw yarn through remaining stitches of thumb and fasten. Sew seam of thumb.

Join yarn at beginning of second stitch holder on wrong side of work and purl to end of row. Next row knit 13 (15-17-19) stitches, knit 13 (15-17-19) stitches from first holder—26 (30-34-38) stitches on needle.

Continue in stockinette stitch for 11 (15-19-23) more rows. Start decreases as follows:

Row 1: *K2tog, k2, repeat from * across row, ending k2tog.

19 (22-25-28) sts

Row 2: P.

Row 3: *K2tog, k1, repeat from * across row, ending k2.

13 (15-18-19)

Row 4: P2tog across row, ending with p3tog. Break yarn, leaving about 12" for finishing.

Slip sts to other needle and draw yarn through remaining stitches and fasten. (By slipping sts to the other needle and drawing through the beginning of the row, you are making a circle with the finishing yarn. This creates a very subtle finishing.) Sew seam at side using the mattress stitch.

Double-pointed needle Mittens

Starting at the cuff edge, cast on 20 (24-28-32) stitches.

Work in ribbing of k2, p2 for 12 (12-14-18) rounds.

Knit the next round, increasing 4 stitches evenly around. (Suggested increase: M1L.)

24(28-32-36) stitches.

Continue in stockinette stitch for 3 (4-5-6) rounds.

Next round: start increases for thumb as follows:

Knit 11 (13-15-17) stitches, place a marker on needle, increase

1 stitch in each of the next 2 stitches, place a marker on needle—4 stitches between markers. Knit 11 (13-15-17) stitches to end of round. (Suggested increases: LLI and RLI.)

Note: Slip markers on every round.

Knit 1 round.

Continue to knit each round, increasing 1 stitch after the first marker and in the stitch before the second marker on **every other** round only until there are 10 (12-12-14) stitches between markers, knit to end of round.

Next round: Knit 12 (14-16-18) removing marker; slip 8 (10-10-12) stitches of thumb to stitch holder; knit remaining 12(14-16-18) stitches. You now have 24 (28-32-36) stitches on three needles.

Continue knitting for 11 (15-19-23) more rounds. Start decreases as follows:

Round 1: *K2tog, k2, repeat from * around. 18 (21-24-27)

Round 2: Knit.

Round 3: *K2tog, k1, repeat from * around. 12 (14-16-18)

Round 4: K2tog around. 6 (7-8-9)

Break yarn, leaving about 12 inches for finishing. Draw yarn through remaining stitches fasten. (Be sure to begin drawing the yarn through the beginning st of the round.)

Place 8 (10-10-12) thumb stitches on needles and work in stockinette stitch for 7(9-10-12) rounds.

Break yarn, leaving about 6 inches for finishing. Draw yarn through remaining stitches of thumb and fasten. (Be sure to begin drawing the yarn through the beginning st of the round.)

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